



Buried Treasure



Materials Needed:

Playdough or theraputty

Small objects: marbles, beads, pennies

Prepwork:

Create a sample with beads already hidden to demonstrate with a student partner.

Divide “treasure” into packets of 10 for each student.

Task:

The therapist instructs student to hide the small objects inside the playdough.

Students hide/bury the small objects inside the playdough or theraputty.

The therapist instructs the students to trade their playdough with the hidden treasures with a partner to “find the buried treasure”.

Students dig in the playdough to search for the buried treasures of their partners.

Goals:

Improve fine motor manipulation

Strengthen the hand’s extrinsic and intrinsic muscles

Strengthen and increase in-hand manipulation.