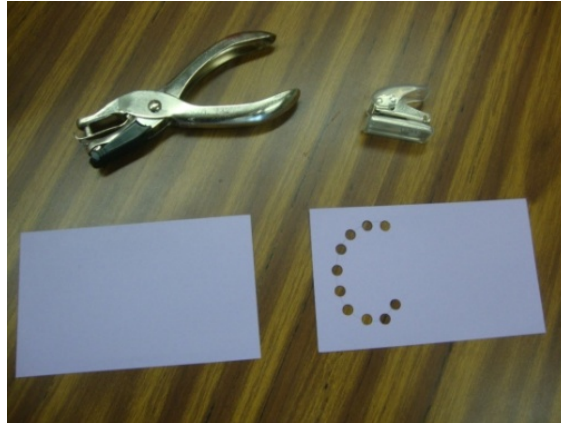




Hole Punch Art



Materials Needed:

Hole Punch

Pencil

Cardstock paper or Index Cards

Prepwork:

None

Task:

The therapist instructs the students to draw their name or a word wall word using big letters (2 inch) on the index card. Students write a word onto a bright colored index card or cardstock.

Student uses the hole punch to outline each letter.

The instructor can hang the finished cards in the window to let the light shine through.

Student Goals:

Strengthen extrinsic muscles of the hand

Promote palmer arch

Improve endurance for grasp

Eye-hand coordination