



## Play Dough Pizza Making



### **Materials Needed:**

Multiple colors of playdough

### **Prepwork:**

The therapist can made a model of the pizza.

### **Task:**

The therapists instructs the students to make pizza with the playdough.

The therapist gives each student a piece of playdough the size of their palm for the “dough” for the pizza crust.

Students roll the dough into the shape of a ball and then flatten it to look like pizza crust.

Students other colors of playdough to roll balls with the thumb and first finger to make pepperoni or other toppings.

### **Student Goals:**

Develop in-hand manipulation

Strengthen intrinsic muscles

Improve palmar arch